

Packages

CIRCLE OF FRIENDS CELEBRATION

R 900 per person

Half day package

We look to friends for strength, support and laughter when the world seems to become a crazy place. Conversation and rituals in which we can create a connectedness is the antidote to daily stresses. Time out is a beautiful way of maintaining the essence of your friendship.

A 20-minute Aromasteam session allows for the muscles to relax and the mind to clear while the mud application ...

A luxurious therapeutic pedicure is followed that deeply hydrates the skin, a prerequisite to youthful skin on the feet and legs. A foot soak is known for its therapeutic value, and when combined with a copper plate leg massage, you are sure to give your body a little TLC.

We create a space for you to catch up and celebrate the moment with lunch from a local restaurant, for you and your friends, followed by an anti-aging manicure. We acknowledge that it is not just the cuticles and a nail file that constitute youthful hands. Treating and protecting the skin from aging markers, is an important aspect of an opulent manicure.

Aromasteam/Sauna Session with mud application or Majestic awakening
Copper plate Pedicure
Lunch
Copper plate Manicure

DETOX BODY ALIGNMENT

RI 850

Half day package

Not only is this treatment package a gentle relaxing experience, but also a powerful way to alleviating waterretention, and activating the mitochondria to speed up energy flow in the body. Your body alignment treatment begins with an Aromasteam session to remove lactic acid build-up from the muscular system: most beneficial in assisting the body to respond to our detox body wrap.

Once the metabolic pathways are activated, our all active treatment application is activated with a body exfoliation followed by wrapping the body in a performance active wrap to continue increasing energy flow and toxin elimination.

A Bespoke Intuitive Herbal Oil massage is then performed: crucial in building up your immune system.

Relax, sip on our all-natural detox tea blend, all in preparation for a balanced food selection to continue our attempt at balancing the body once again via nutrition and body work.

Complimentary Aroma Steam/Sauna session
Full Body Exfoliation
Detox Body Wrap
Bespoke Intuitive Herbal Oil massage
Lunch



Packages

THE JAHZARA

Full day package

R 2 500

We know the importance of radiance, a glow so divine. Our mission is to get as much oxygen flowing through your circulatory system as possible: vital in maintaining a healthy immune system, and mostly preventing damage on a cellular level. Skin rejuvenation is imperative when presenting your heavenly self. Then there is of course the weight management. With this in mind we have created a detox journey, assisting you in eliminating toxins, and maintaining a healthy body weight.

On arrival, your therapist will perform a needs analysis as to be more precise in how to treat you accordingly. Starting with an aroma steam session, we stimulate blood flow, and prepare your body to eliminate toxins via the sweat glands.

Once the pores are dilated and the metabolic rate is increased, a body exfoliation is performed in preparation for your skin glow. Furthermore a detox body wrap assists with water retention, and making sure all puffiness is eliminated and that only vital nutrients are transported to the mitochondria. We want you to feel energetic and light weighted. A beautiful deep tissue massage will then not only help you to relax and be in the moment, but it also releases all negativity or fears you may hold onto. Now that your body is more rejuvenated and toxins eliminated, we take care of your facial needs. A deeply hydrating facial enriched with anti-oxidants is most valuable in ensuring a facial expression of joy.

Your lunch is then served. A combination of raw food's which work with your biology is selected to assist the spa journey in its attempt to balance body and mind. Allow food to become your inspiration. Let go and indulge in our freshly produced meal. Your afternoon is completed with a luxurious Manicure and Pedicure treatment.

Complimentary Aromasteam/Sauna Session
Full Body exfoliation
Personalised Wrap selected
Steam Aromatherapeutics massage
Africology Bespoke Facial
Lunch
Standard Africology Manicure & Pedicure

DEVOTION JOURNEY

Half day Couples package

R 950 per person

A sacred space filled with divine intention, shared between you and the one you share a spiritual journey with. Sit back, relax and allow the alluring fragrances of pure essential oils used in your Aroma-Steam session to transport you to a place once known but forgotten... only to be remembered once again.

After your steam session step into our couples room, a perfect setting during a time of total adoration. Now be transported by a full body herbal oil massage alongside your soul connection. Following this, enjoy a 30 minute Full Body Exfoliation and to complete this euphoric journey a wholesome lunch is served with the promise of a sustained journey between you and your devoted one.

Comp Aromasteam/Sauna Session
60 Min Herbal Oil Massage
30 min Full Body Exfoliation
Lunch

